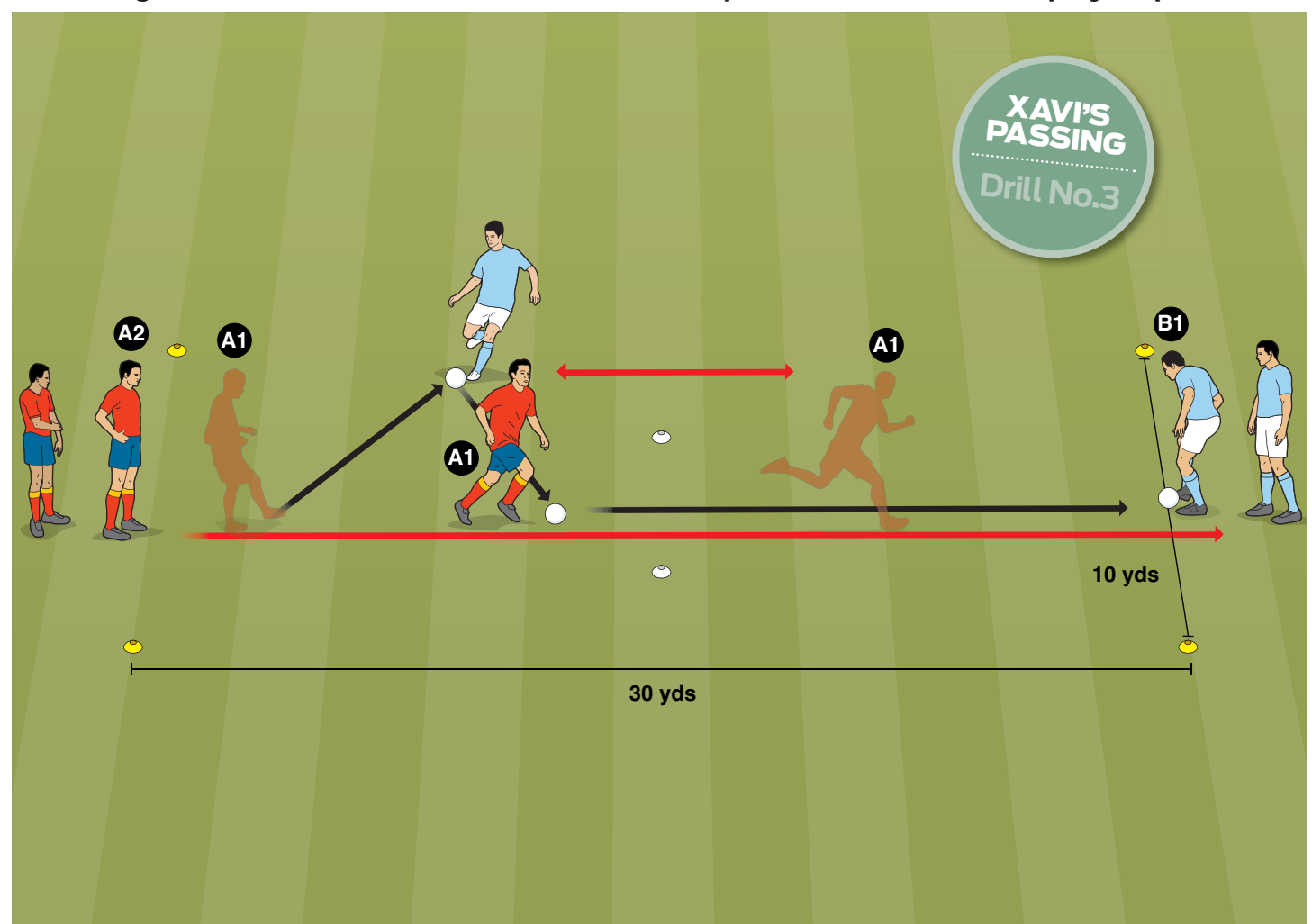


PLAY LIKE SPAIN PASS WITH XAVI'S PRECISION

It's all about the killer pass, but first you have to stay patient, recycle possession and wait for the right moment to strike – this drill should improve the combination play required



SET UP

Mark out a 10 x 30-yard rectangle with a four-yard gate, denoted by cones, in the middle. Divide the players into two groups and position them at opposing ends, with a wall passer positioned centrally on the sideline. Give a ball to one team.

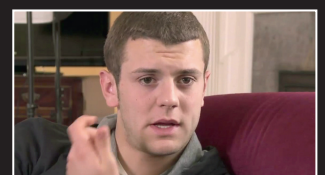


ACTION

On the coach's command, A1 plays a one-two with the wall passer before the gate. Upon receiving the return pass, A1 passes through the gate to B1 and follows his pass, applying passive pressure to B1. B1 plays a one-two with the wall passer around A1, before passing through the gate to A2. A1 joins the back of the B queue. The sequence continues.

HOW IT HELPS

Xavi is a great short passer. He keeps possession, but for a purpose: he's trying to set up the killer pass. This practise helps improve combination play, especially the wall pass element. The right pass, the right run, the right timing – this drill has it all.



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